

MTD Quick Tips

Workplace Moaning

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Workplace Moaning

I think all of as at one time or another have got caught up in that working past-time called moaning!

Whether is a good old moan about your boss, your pay, why "he" gets paid more than you or the hours you are working sometimes we can just get caught up in it whether we usually do it or not.

Well, I was reading my daily newspaper the other day and came across an interesting article where the moaning got so bad at one German IT form that the owner decided to ban it from the company altogether!

Ramona Wonneberger, Head of Leipzig firm Nutzwerk Ltd, implemented a "three moans and you're out" policy because she believed that the moaning and groaning was holding the company back!

The article went on to say:

"Sniping on the job is now a sackable offence. Manager Thomas Kuwatsch said those who get up feeling grumpy should stay at home and work off their whingeing"

Since implementing the code of conduct three people have left the company.

Two of them got the sack and listen to this one; the other one left of her own accord because she said that if she couldn't moan she'd have nothing more to talk about!

How many people would be left in your company if you had a "3 Moans And You're Out" policy?

Not many maybe?

Your leadership style has a huge impact on whether you create a team of moaners or a team of proactive doers.

Think about what you can do to reduce the level of moaning in your office and demonstrate the leadership behaviours that will help rather than hinder team and company performance.

Having worked with tons of leaders around the world I tend to find that the attitude and outlook of the leader normally rubs off on the team and if the leader tends to moan themselves then so does the team.

Until the next time, take care of yourself

Sean

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About Sean McPheat



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Founder and MD of international management development firm MTD Training, Sean McPheat is widely regarded as a leading authority on modern day management and leadership.

Sean is a bestselling author, and has been recognised for his own business building skills through the **British Business Awards** and has been featured in the **Who's Who Of Britain's Business Elite**.

He has been a regular judge for the UK's Young Enterprise Programme but was not as horrible as Simon Cowell (well almost!)



Sean has been featured on **CNN International, the BBC, SKY, ITV, The Guardian, Forbes, Arena Magazine, Marketing Weekly, Business Zone, Winning Edge** and radio stations such as BBC WM and LBC (London's Big Conversation).

Sean has over **250 media credits** to his name and his weekly email tips go out to over **60,000 people** interested in management and development strategies.

Sean is also a **much sought after media figure and motivational speaker** on all topics related to management, HR, business improvement and entrepreneurialism.